# Appalachian Service Immersion

### TEACHERS

Mr. Beachy

Mrs. Metzger

Mr. Hartman

### COST

$ 730

### TYPE OF COURSE

Domestic travel

### OVERVIEW

We will travel to Eastern Kentucky to serve families in need in Appalachia with Red Bird Missions. Students will serve the local community by assisting in home repair projects (both large and small).

### WELL SUITED TO

Students who want to serve others and who don't mind getting dirty and learning how to use tools to fix or build things for people in need.

### EXPECTATIONS/GOALS

- To serve the needy, sick, widowed, and elderly
- To experience different and difficult ways of life in the U.S.
- To build community within our students
- To grow as Christians
- Hike at the Red River Gorge on the return trip home

### MEETING TIMES

Depart CHCA – Tuesday, 03/30, 5:30 a.m.

Return CHCA – Friday, 04/2, approx.. 5:00 p.m.

### SCHEDULE

| DAY | LOCATION | COURSE PLAN FOR THE DAY |
|---|---|---|
| TUESDAY | Depart CHCA for Red Bird Missions, approx.. 6:00 am | Travel in the morning, arrive and get settled, divide into work groups, start first project. Evening activity as a group. |
| WEDNESDAY | Red Bird Missions | Continue projects, visit ministry partners. Evening activity as a group. |
| THURSDAY | Red Bird Missions | Continue projects, visit ministry partners. Evening activity as a group. |

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| FRIDAY | Red Bird Missions and CHCA | Clean up, pack up, final devotions as a group, depart for Red River Gorge to hike and enjoy a pizza meal together on the way home, |

## TRANSPORTATION INFORMATION

**Tuesday, March 30 the Group will meet at CHCA at 5:30 a.m.** drive to Eastern Kentucky, students will be transported by CHCA faculty and staff in rental vehicles.

## DESCRIPTION

Red Bird Missions works in Eastern Kentucky with a mission to build healthy, sustainable communities through a school, a clinic, a dental clinic, home improvement, Christian outreach and job training/opportunities. Their website says "The need remains critical in this isolated, rural distressed area. Chronic poverty, lack of jobs, poor housing, and rugged mountainous terrain provide obstacles to a fuller life for the residents of this area. Red Bird Mission and Clinic strives to meet these needs through five program areas." Students will be divided into small work teams and drive to their respective work locations. Teams will work on home repairs of all types, ranging from roof repair to constructing wheelchair ramps. The mission also serves the community through partnerships with local food pantries, clothing centers, churches, and nursing homes. The group will hike at the Red River Gorge on Thursday and enjoy a celebratory lunch together on the return trip home.

A typical day with the mission:

6:45 am - Wake Up
7:00 am – Students will have a hot breakfast in the cafeteria. Team members build their own lunch at the lunch stations and pack it in their team cooler that will go with them to their work sites.
8:00 am - Morning Worship & Sendoff.
8:20 am - Adult meeting / Student team meetings to go over the day's plans
8:50 am – Drivers and their teams will load the vehicles and head out to the work site for the day.
Lunch break
4:30 pm - Return to Red Bird Missions ... shower, nap, relax, go outside and play, whatever we want to do.
5:30 pm – Dinner, a full cafeteria style dinner and salad bar every evening
7:30 pm - Worship! We'll gather again for worship in the evening to end our day right!
8:30 pm - Church Group meeting times when our teams can gather and share their experience that day.
10:45 pm – lights out.

## ADDITIONAL INFORMATION

Students will need some money for snacks at any of the restroom/gas stops during the drive down and return.

Please note students will participate in volunteer work around the community. Please do not select this trip if you are opposed to your student using lawn, garden and general household tools or painting products. A separate power tool waiver will be signed online designating which power tools your student may use. **Students will need work clothes, closed-toed shoes and a refillable water bottle.**